

**South Dakota Law Enforcement Training Center
Pierre, South Dakota**

MEDICAL VERIFICATION OF PHYSICAL ABILITY

This form is designed to assist the administration of the South Dakota Law Enforcement Training Center in determining whether a student is physically able to perform the duties of a school sentinel and complete the required activities in the School Sentinel Course. This form is a required part of the student's approval to become a school sentinel and application to attend the School Sentinel Course. Unless this form is signed by the student's physician and submitted with the application, a student will not be allowed to participate in the School Sentinel Course.

Student Information	Box 1
Name: _____ <div style="display: flex; justify-content: space-around; width: 100%; font-size: small;"> First MI Last </div>	
Agency Name: _____	
I hereby request and authorize my examining physician to release the information contained in this form. I further agree to release and hold harmless my examining physician from any and all liability that might arise from the disclosure of such information.	
_____ Student Signature	_____ Date

Examining Physician Information	Box 2
Name: _____ <div style="display: flex; justify-content: space-around; width: 100%; font-size: small;"> First MI Last </div>	
Type of Medical Practice: _____	
Area of Specialization: _____	
Professional Credentials (Licenses, Certifications, Etc.): _____ _____	
Contact Information:	
Address: _____	
Phone: _____	

Examining Physician Certification	Box 3
After examining the student listed in Box 1 of this form and reviewing the training requirements listed in Box 4 through Box 8 of this form, based on my education, training and experience, it is my opinion that the student has no medical or physical condition that would prevent the student from completing the physical requirements of the Basic Certification program and perform the duties of a law enforcement officer.	
_____ Signature	_____ Date

Physical Requirements for Practical Exercises**Box 4**

Students will be required to react to realistic scenarios involving simulated physical and weapon attacks in which they are expected to apprehend suspects, control resistance and restrain subjects. Officers will use training weapons, including firearms. During scenarios students may be required to run, crouch, crawl, kneel and fire handguns from various positions. Required movements will include kneeling and standing for prolonged periods of time, and reaction to spontaneous threat situations with firearms skills that have already been taught. Scenarios will require sudden stops, starts and turns on hard surfaces. Scenarios may occur in all environments, such as inclement weather, hard surfaces, or stairwells.

Physical Requirements of Firearms Training**Box 5**

Successful completion of firearms training is required for certification as a Law Enforcement Officer. Firearm training consists of intense live-fire exercises and dry-fire drills. As part of the training, each student must shoot a qualifying score with their firearm. Successful firearms training requires the requisite fine motor skills to safely manipulate and shoot loaded firearms with both dominant and non-dominant hands and fingers. Most shooting is done with the dominant hand. Students must successfully and safely manipulate trigger pulls of varying weight and physically support a loaded firearm from a variety of shooting stances and positions. Students are required to shoot from a standing, kneeling, and prone position and perform numerous repetitions transitioning from a standing to kneeling position while safely holding a loaded firearm. Training movements require students to move forward, backward and laterally, be able to see and identify hostile and non-hostile targets in various lighting conditions, and simulate high risk scenarios that include running, and tactical movements such as kneeling, crouching, and crawling. Students must have the ability to hear range commands while wearing hearing protection (ear plugs or ear muffs).

